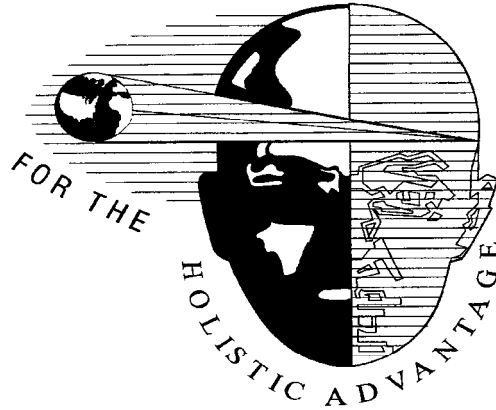


The Science Of Human Development

LIVING YOUR LIFE MAP

FOR COUPLES



*You know who you are and why you are here.
You also brought a life toolkit with you.*

Remember?

*Living and loving your highest purpose every minute of
every day is the only REAL question.*

The course is based on the principle that all human beings are on
INDIVIDUAL spirals of growth and development. This evolvment process
has been empirically measured by a team of researchers and is graphically
represented in a multicoloured spiral which displays the levels of
development.

Each level of development has its own characteristics and is reflected in recognisable patterns
of human behaviour. Linked to each level is an agenda for a person's life – goals to achieve
and lessons to be learnt. Each person has also selected a package of personality traits to
assist him/her in this life's assignments and the lessons that need to be learnt.

Gear Changers uses its own uniquely developed Quinti-Spiral Technology to bring together
each person's unique package of spiralling attributes.

Read more about the Quinti-Spiral Technology from the pointers on the home page.

COUPLES



Further research into who people are and how they approach life, reveals that we each have a specific package to help us manage our lives.

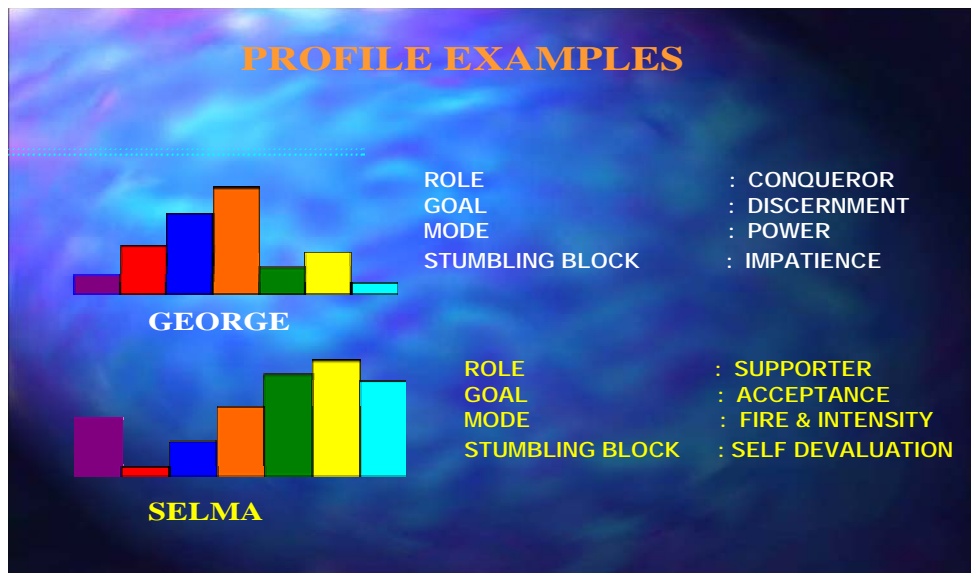
When The Quinti Spiral Technology of Gear Changers is utilized, it reveals a beautiful “toolkit” which can be utilised to steer and direct one’s life.

This pattern or “personality package” consists of five integrated, yet specialised spirals of living your life map. Each individual has a specific Role, an innermost Goal, and a very distinctive Mode of expressing Self. Add to that personal “dragons” or stumbling blocks that we create for ourselves and the final “profile” is unique and fascinating. It is also a very valuable guide in understanding ourselves as well as the people we live and work with.

Each Role, Goal and Mode has a positive as well as a negative pole. We can then choose to behave according to our negatives, creating one drama after the other, or we can choose to walk the higher road of our positive poles, resulting in a meaningful and harmonious flow of events.

An example of the Quinti-Spiral issues around couples become clear when we study the couple below.

EXAMPLE: GEORGE AND SELMA (couple graph provided in the workshop)

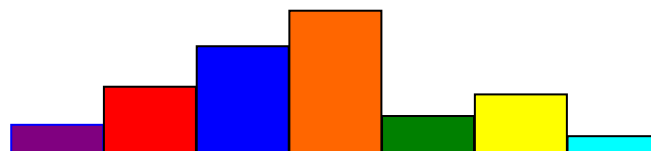


VALUES AND RELATIONSHIPS

George and Selma are very attracted to each other and have been dating for more than a year. Although they have been talking about making their relationship more permanent, it just does not seem to be happening.

The accompanying graphs represent George and Selma's value systems. Considering the patterns of their separate value systems, it is not surprising that the relationship seems to be "on hold". They should think very carefully about forming a permanent partnership.

George's profile



Role: Conqueror
Modus Operandi: Power
Goal: Discernment
Stumbling Block: Impatience

George's Values

George is focussed in Orange, which makes him entrepreneurial, ambitious, status conscious and wanting to succeed at almost any price. It is important to him to have the best, be seen around high flyers and his family would have to reflect his level of success- attend the best schools money can buy, wear the appropriate clothing and jewellery.

This means that his children would be expected to do well and to be strong achievers themselves. His partner must reflect his position in society – the picture perfect image of success.

The strong Blue that accompanies this reflects a deep commitment to the rules and structures of society. He will stand firm in what he believes, since that is there is only one way and he knows what that is.

Relationships are viewed in the traditional way. He gets stressed by people not playing by the rules and when he does not reach his goals, life will become very difficult for himself as well as those closest to him. The fairly high Red representation will make sure that he uses power and authority to get his way.

George's Inner-profile (Personality Package)

The spiral of values (above) becomes integrated with the inner profile

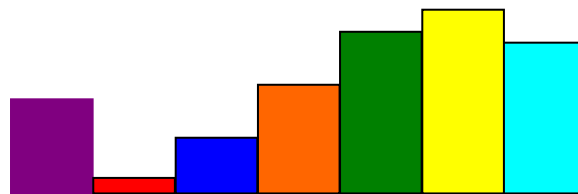
His Role of Conqueror would make him practical and action oriented. He would be excellent at strategy and tactics but very blunt and harsh in communication with others.

His Mode of Power would lead to people experiencing him as commanding, powerful and with strong leadership capabilities. When he allows himself to make choices from the negative pole, he would be abusive and bullying.

With **Discernment** as his underlying soul Goal, he would be a perfectionist in all he does, demanding very high standards and orderliness from everybody around him. This serves him well in his precision demanding job. In his personal relationships, however, it could result in him being very judgemental and hugely critical.

His Stumbling block, being **Impatience**, it would demand things to happen at a fast pace – there never being sufficient time for anything.

Selma's profile



Role: Supporter

Modus Operandi: Fire and Intensity

Goal: Acceptance

Stumbling Block: Self-devaluation

Selma's Values

Selma displays high Yellow and Green values. She has an open mind and may be exploring different religions, accepting that there are many paths that can be followed. She is a visionary thinker and may be exploring a variety of interesting fields. She allows people to be who they are and has the ability to be very nurturing and compassionate in relationships.

For her, there is no fixed way of doing things - whatever works best, is the right answer for now. Too much structure stresses her, as her freedom of choice is very important to her. She feels strongly about the exploitation of Gaia by the corporate world and extends a helping hand in combating the evils of society. She does not care much about status and wears whatever is comfortable. She values what is natural.

Selma's Inner-profile (Personality Package)

The **Supporter** is a caregiver **Role**. Selma would have a deep caring about people and a need to provide safe and harmonious environments for all those she comes into contact with. She might, however, overdo the serving and be smothering. It is also highly likely that she would not know how to say "no". Her kindness could be abused and leave her resentful about how much she is doing for others.

Selma expresses herself (**modus operandi**) through **Fire and Intensity**. This is a lively, passionate, intensive way of expression. She comes across as enthusiastic and energetic.

Having a **Goal** of **Acceptance** makes her warm, friendly and open to others. She will probably have rejection issues.

Her **Stumbling block**, being **Self-devaluation**, will cause her to constantly devalue herself and her contribution to the world.

Interaction of Selma and George

Considering only their values, these two would find it very difficult to share a life. It is not a question of the one set of values being more important or more evolved than the other. All people live inside their set of values because it reflects the lessons they want to learn and contains the place in society where they would be making a contribution. The attraction this couple is feeling may be due to sexuality, external elements or experiences shared.

Should both of them handle their profiles positively, it would be very harmonious. He would provide a firm, powerful structure within which she would bring softness with her supportive ways. She would be accepting of his need for extreme orderliness. She would also bring enthusiasm and lightness to the relationship.

It is, however, very easy for most of us to make choices from our negative poles. In this case it would lead to conflict and a very stressful partnership. His strong, powerful and impatient ways of interacting may constantly overstep the soft boundaries of her accommodating ways, leaving her hurt and devaluing herself. She may respond with passionate outbursts of angry emotion which would be just too much for his perfectionism.

DR ANTONIA BUYS' Readings of their interpersonal stressors on a body cellular level may look like this.

The yellow peaks are aspects they may be conscious of, whilst the troughs are usually buried in the subconscious and cellular memory.

The white words represent their individual Quinti-Spiral profiles.

